

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AL/IL Calendar of Activities C-Community Room CL-Club Room F-Fitness Room CR-Craft Room B-Bistro L-Library T-Theatre This calendar is subject to change See Daily sheets for updates.		1 10:30-Easy Stretching-F 11:00-Outing: Lunch at Burger King 2:00-Beverages and Visiting in the Club Room-CL 5:45-Bunco-C	2 9:30-Book Read-L 10:00-Elk Buck Prize Closet-C 10:45-Catholic Service-C 11:00-Social Media Wednesday-L 2:00-Music with Mary Hall and Happy Hour-C 5:45-Card Coverall-C	3 10:30-Very Gentle Fitness-F 12:30-Outing: Walmart Shopping Earlier than usual 2:00-Labor Day Music and treats to start the holiday weekend with Scott Fraser-C	4 10:15-Labor Day Mind Stretchers -C 11:00-Elk Buck Prize Closet-C 2:00-Elk Buck Bingo-C	5 ***Activity Packets Available near the Front desk ***Fire Side Chat Keurig Coffee, and visiting, in Bistro & Fireplace Area-B
6 10:30-Short Bingo-C	7 ***Activities Closed Enjoy the Holiday Labor Day	8 9:00-Outing: Casino 10:00-Dementia Support-C 10:30-Easy Stretching-F 12:45-Blood Pressures-C 1:00-Resident Council 2:30-Card Making with Gloria in the Craft Room-CR	9 9:30-Book Read-L 10:00-Elk Buck Prize Closet-C 10:45-Catholic Service-C 2:00-Birthday Party and Music by Roy Holdren-C 5:45-Card Coverall-C	10 10:30-Very Gentle Fitness-F 1:00-Outing: Shopping at Walmart 3:00-Book Club-L 3:00-Men Play Pool-CL	11 10:15-Mind Stretchers-C 11:00-Elk Buck Prize Closet-C 2:00-Elk Buck Bingo--C Rosh Hashanah Begins	12 ***Activity Packets Available near the Front desk ***Fire Side Chat Keurig Coffee, and visiting, in Bistro & Fireplace Area-B
13 1:30-Bingo plus cookies to celebrate grandparents-C 3:00-Bunco-C Grandparents Day	14 10:30-Active Therapy Free Exercise Class-F 1:00-Church Service with Elk River Central Lutheran-C 2:00-Elk Buck Bingo-C	15 10:00-Outing: Apple Orchard, Eat at Apple Orchard Café, Book Store, and Ice-cream Shop In the Delano and Buffalo area 10:30-Easy Stretching-F 2:00-Chef Chat-C 2:30-Cookies and pop on patio	16 9:30-Book Read-L 10:00-Elk Buck Prize Closet-C 11:00-Social Media Wednesday-L 2:00-Bingo and Happy Hour-C 5:45-Card Coverall-C	17 Flu and/or Covid shot 10 am To 1pm in the Club Room-CL 10:30-Very Gentle Fitness-F 1:00-Outing: Shopping at Walmart 3:00-Women's Bible Study-C 3:00-Men Play Pool-CL	18 10:15-Mind Stretchers-C 11:00-Elk Buck Prize Closet-C 2:00-Elk Buck Bingo--C	19 ***Activity Packets Available near the Front desk ***Fire Side Chat Keurig Coffee, and visiting, in Bistro & Fireplace Area-B Oktoberfest Begins
20 10:30-Short Bingo-C ***Popcorn bags in the Bistro for after lunch-B Yom Kippur Begins	21 10:30-Active Therapy Free Exercise Class-F 1:00-Worship with Nowthen Missionary Alliance Church-C 2:00-Elk Buck Bingo-C	22 10:30-Easy Stretching-F 2:00-Movie: Cheaper by the Dozen, with Steve Martin-T 5:45-October Fest Bingo with Beer and Pretzels-C Autumn Begins	23 9:30-Book Read-L 2:00-Music Entertainment With Diane Zilverberg-C 5:45-Card Coverall-C	24 10:30-Very Gentle Fitness-F 1:00-Outing: Shopping at Walmart 3:00-Beverages and Visiting in the Club Room-CL	25 10:15-Mind Stretchers-C 11:00-Elk Buck Prize Closet-C 2:00-Elk Buck Bingo--C Sukkot Begins	26 ***Activity Packets Available near the Front desk ***Fire Side Chat Keurig Coffee, and visiting, in Bistro & Fireplace Area-B
27 1:30-Bingo Game-C 3:15-Left Center Right -C	28 10:30-Active Therapy Free Exercise Class-F 1:00-Bible with Robert and Lynette-C 2:00-Elk Buck Bingo-C	29 10:30-Easy Stretching-F 2:00-Men's Group-CL 3:00-Beverages and Visiting in the Club Room-CL 5:45-Bunco Game-C	30 9:30-Book Read0L 10:00-Elk Buck Prize Closet-C 2:00-Bingo and Happy Hour-C 5:45-Card Coverall-C			